

LADYKATS BASKETBALL

2019-2020



The 2019-2020 Coaches:

7th grade:

Ginnie Stuksa 7A

Raelyn Johnson 7B

8th grade:

Megan Little 8A

Samantha Belongia 8B

LadyKats Basketball Philosophy

We aim to provide an environment that promotes academic success, high standards and values, and the opportunity to learn the fundamentals of basketball.

A LadyKat basketball player is one who strives to be the best and represent the ideals of: teamwork, family, dedication, desire, sacrifice, heart, hustle, attitude, aptitude, and discipline. She plays with focus and passion and gives 100% effort during every drill, practice, and game.

Players Commitment

A player's responsibility goes beyond the game of basketball. The actions of a player, whether positive or negative, affects the entire basketball program/team. As a player it is a privilege to play basketball for the Brabham LadyKats Basketball team.

Players serve as role models through their actions on and off the court. A player must act with a sense of pride and dignity. Players must understand that the things they say --either verbally, written, or action through social media in school and out of school reflects the basketball team, school, family, and the community.

Finally, as a player, the responsibility to treat coaches, teammates, referees and opponents with respect, and sportsmanship is a must, and a commitment that a player promises to uphold as an athlete that represents Brabham Middle School.

Coaches Commitment

We understand that our job as coaches is to help ensure these young ladies leave the program with a sense of responsibility that is greater than themselves. We want each player to be young ladies of integrity who will lead, be responsible and be good citizens.

We know that as coaches, we have a tremendous amount of influence on each and every player. We promise to coach with affirmation, to believe that every single player has value and purpose, and to do everything we can to build up each player to be the very best they can be. We understand that positive communication between player and coach is essential for the player to succeed.

We know that players must understand their role in order to be the best player they can be. We know that coaching can be a tricky feat and sometimes affirmation gets lost, but we understand that there is no place for screaming, shaming, swearing or sarcasm in our program. We understand these athletes are students first and players second.

Parents Commitment

I understand that I have a responsibility to help endorse the values of this program. I promise to do everything I can to support and encourage my daughter/daughters, her teammates, and her coaches. I realize that coaches have many decisions to make, and one of them being playing time, which is solely based on the players academics, on time to practice, effort, behavior, skills, and attitude on and off the court. I realize as a parent that coaches will do their very best to play players to get the experience, give opportunities to improve their talent, and develop their skills in basketball. I also realize that if I have a question in relation to a game or coaching decision, the 24 hour rule; meaning email coach after 24 hours have passed. which allows emotions to settle.

Practice ,Attendance,& Playing Time

- **Practice:** Monday, Tuesday, and Wednesday. The doors to the cafeteria will be unlocked at 5:45 am. On the court by 6:00 am. No jewelry, hair pulled back, basketball shoes and athletic attire. DO NOT BE LATE!
- **Attendance:** Attendance is mandatory. If a player will be absent from school, the athlete's coach must receive an email from the parent in advance of the function, so the coach can plan accordingly. If absent from school on a game day, player will not be able to participate in game.
- **Playing Time:** An athlete's playing time and positions are determined by the coaches . Hustle, attitude, skill level, classroom behavior, grades, and overall performance are factors for playing time.
- Each day of practice missed will equal one quarter of a basketball game and any behaviors that continue, will be removal from the team.

What else affects playing time?

Grades:

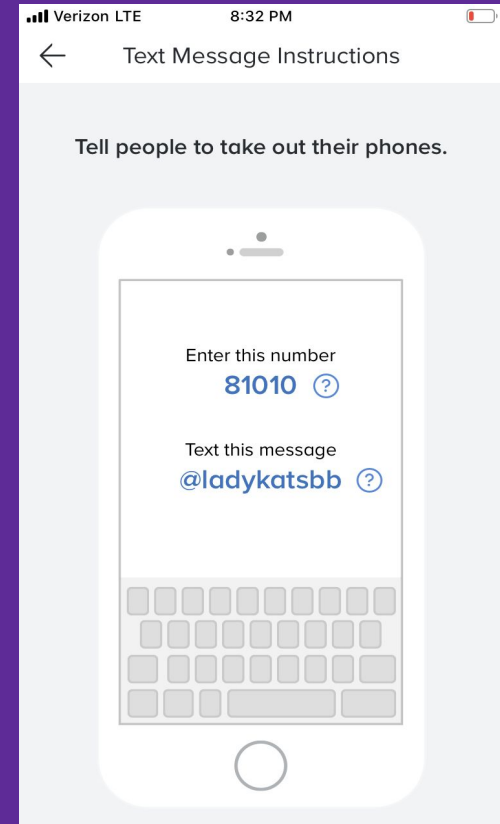
- Academics First! The athletes are expected to make good grades and to attend tutorials as necessary.
- Coaches will monitor their grades and inform student of failing grade.

Behavior:

- Behavior in the academic classroom is just as important as the behavior in the athletic classroom.
- Consequences may be given for misbehaviors in classes, referrals, excessive tardiness.
- Cell phones: Absolutely no cell phones during practices or games.

REMIND 101

Basketball Communication for games and other pertinent information.



BASKETBALL Tournament SCHEDULE

7B & 8B Team Tournament only:

Friday December 6th and Saturday December 7th @ Knox Junior High TBA.

7A & 8A Team Tournament only:

Friday December 13th and Saturday December 14th @ WHS TBA.

7AB & 8AB Tournament:

7 AB Friday Jan. 17th and Saturday Jan. 18th @ Bear Branch Junior High TBA

8 AB Friday Jan 17th and Saturday Jan 18th @ Magnolia Junior High TBA

See schedule for all games for the season

LadyKats Basketball Game Day Shirt

<https://nhathletics.com/brabham-ladykats-basketball/shop/>



Chick-fil-a Meal

\$7.00 a meal

**7.00 x 11 games= \$77.00
for the season.**

**★ THIS DOES NOT INCLUDED
TOURNAMENTS.**

CASH OR CHECK

**Make check payable to BMS Girls
Athletics**

The chick -fil-a meal will be a sandwich, chips, cookie, and bottle water provided.

PLEASE FILL OUT FORM WITH NAME

IF ORDERING A MEAL FOR THE SEASON.

**★ THIS DOES NOT INCLUDED
TOURNAMENTS**

TRAVEL FORM

The travel form is to be filled out if you plan on taking your daughter home after the game instead of riding bus back to the school.

All players must ride bus to game and tournaments.

- **PLEASE CIRCLE ALL DATES THAT YOU WILL BE TAKING YOUR DAUGHTER/DAUGHTERS FROM THE GAME.**
- **You will only need to fill out one form, one time, However after each away game and tournament, you as the parent or guardian will only need to sign your daughter out from the coach.**
- **If you did not fill out form and decide to take your daughter home, you will need to get form from the coach and fill it out, before your daughter is signed out.**
- **If your daughter is riding home with another adult, then you will need to fill out another form stating who she will be riding home with. (MUST BE TURNED IN TO COACH BEFORE THE GAME)**
- **This form is very important that you fill it out today.**

Fundraiser: Shoot a Thon

SHOOT A THON:

- Friday Nov 15th during early morning practice and class period.
- Must have money turned in by Nov 18th.
- See fundraiser sheet

WHAT YOU CAN GET IF YOU RAISE \$150 dollars or more



THANK YOU FOR ATTENDING

- **Player/Parent: PLEASE SIGN COMMITMENT CONTRACT**
- **Parents/Player: Please fill out Chick- fi- A form**
- **Parents: T-shirt order (NOT MANDATORY)**
- **Parents/Player: Sign up for REMIND 101**
- **Parents/ Player: Please fill out travel form for all away games, if riding home with parent.**
- **Parent/ Player: Please take shoot a thon fundraiser form**
- **Please fill free to ask questions.**

HOOP! THERE IS!!