

## Willis ISD Wellness Policy Triennial Assessment 2024

Goals & Objectives	Nutrition Guidelines	2 Meeting Goal	1 Partially Meeting Goal	0 Not Meeting Goal
Foods and Beverages Sold	The District's nutrition guidelines for reimbursable school meals and all other foods and beverages sold or marketed to students during the school day shall be designed to promote student health and reduce childhood obesity and shall be at least as restrictive as federal regulations and guidance. [See CO]	2		
Foods and Beverages Provided	The District shall establish standards for all foods and beverages provided, but not sold, to students during the school day. These standards shall be addressed in the District's wellness plan.	2		
Goals & Objectives	Wellness Goals	2 Meeting Goal	1 Partially Meeting Goal	0 Not Meeting Goal
<b>Nutrition Promotion</b>	The District's nutrition promotion activities shall encourage participation in the National School Lunch			
<i>Obj. 1</i>	The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.	2		
<i>Obj. 2</i>	The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.	2		
<i>Obj. 3</i>	The District shall ensure that food and beverage advertisements accessible to students outside of school hours on District property contain only products that meet the federal guidelines for competitive foods.	2		
<b>Nutrition Education</b>	The District shall implement, in accordance with law, a coordinated school health program with a			
<i>Obj. 1</i>	The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.	2		
<i>Obj. 2</i>	The District shall make nutrition education a Districtwide priority and shall integrate nutrition education into other areas of the curriculum, as appropriate.	2		
<b>Physical Activity</b>	The District shall implement, in accordance with law, a coordinated health program with physical			
<i>Obj. 1</i>	The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.		1	
<i>Obj. 2</i>	The District shall make appropriate before school and after school physical activity programs available and shall encourage students to participate.		1	

Obj. 3	The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, lifelong physical activity for District employees and students.		1	
Obj. 4	The District shall encourage parents to support their children's participation, to be active role models, and to include physical activity in family events.		1	
Obj. 5	The District shall encourage students, parents, staff, and community members to use the District's recreational facilities, such as tracks, playgrounds, and the like, that are available outside of the school day. [See GKD]	2		
<b>SchoolBased Activities</b>				
The District establishes the following goals to create an environment conducive to healthful eating				
Obj. 1	The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.	2		
Obj. 2	The District shall promote wellness for students and their families at suitable District and campus activities.		1	
Obj. 3	The District shall promote employee wellness activities and involvement at suitable District and campus activities.	2		
<b>Goals &amp; Objectives</b>	<b>Implementation</b>	<b>2 Meeting Goal</b>	<b>1 Partially Meeting Goal</b>	<b>0 Not Meeting Goal</b>
Implementation of Wellness Policy	The assistant superintendent of human and student resources shall oversee the implementation of this policy and the development and implementation of the wellness plan and appropriate administrative procedures.		1	
<b>Goals &amp; Objectives</b>	<b>Evaluation</b>	<b>2 Meeting Goal</b>	<b>1 Partially Meeting Goal</b>	<b>0 Not Meeting Goal</b>
Evaluation of Wellness Policy	The District shall comply with federal requirements for evaluating this policy and the wellness plan.	2		
<b>Goals &amp; Objectives</b>	<b>Public Notification</b>	<b>2 Meeting Goal</b>	<b>1 Partially Meeting Goal</b>	<b>0 Not Meeting Goal</b>
Public Notification of Wellness Policy	The District shall annually inform and update the public about the content and implementation of the wellness policy, including posting on its website copies of the wellness policy, the wellness plan, and the required implementation assessment.		1	
<b>Goals &amp; Objectives</b>	<b>Records Retention</b>	<b>2 Meeting Goal</b>	<b>1 Partially Meeting Goal</b>	<b>0 Not Meeting Goal</b>

<b>Records Retention</b>	The District shall retain all the required records associated with the wellness policy, in accordance with law and the District's records management program. [See CPC and FFA(LLEGAL)]	2		
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